



# Association of Anaesthetists

## Advanced Ultrasound Guided Regional Anaesthesia (AURA) – 2 day seminar

**Monday 7 & Tuesday 8 October 2019**

**Location:** Chandos House, 2 Queen Anne Street, London, W1G 9LQ

**Organisers:** Dr Sheelaj Sharma, Basildon

### Day 1 – Monday 7 October 2019

- |              |  |
|--------------|--|
| <b>08:30</b> | <b>Registration</b>  |
| <b>09:00</b> | <b>Introduction &amp; housekeeping</b><br>Dr Sheelaj Sharma, Basildon                        |
| <b>09:15</b> | <b>Ultrasound physics and injection technique</b><br>Dr Sheelaj Sharma, Basildon             |
| <b>09:45</b> | <b>Role of anaesthesiologist in ERAS protocols</b><br>Prof Narinder Rawal, Sweden            |
| <b>10:15</b> | <b>Rib fracture analgesia – Serratus anterior plane block</b><br>Dr Teresa Parras, London    |
| <b>10:45</b> | <b>Tea &amp; coffee</b>  |
| <b>11:15</b> | <b>Brachial plexus block – What's new?</b><br>Dr Sheelaj Sharma, Basildon                    |
| <b>11:45</b> | <b>Acute surgical pain management in chronic pain patients</b><br>Dr Sumit Gulati, Liverpool |
| <b>12:15</b> | <b>Lumbar spinal sonography – Evidence and research</b><br>Dr Chirag Talati, London          |
| <b>12:45</b> | <b>Lunch</b>   |
| <b>13:45</b> | <b>Compartment syndrome and regional anaesthesia – Myth</b><br>Dr Sumit Gulati, Liverpool    |
| <b>14:15</b> | <b>Postoperative outcome – Is the surgeon a risk factor?</b><br>Prof Narinder Rawal, Sweden  |
| <b>14:45</b> | <b>Quadratus lumborum block – Clinical utility</b><br>Dr Teresa Parras, London               |
| <b>15:15</b> | <b>Tea &amp; coffee</b>  |
| <b>15:45</b> | <b>Blocks for total knee replacement – Enhance recovery</b><br>Dr Sumit Gulati, Liverpool    |
| <b>16:15</b> | <b>Strategies to prevent chr post-operative pain</b><br>Prof Narinder Rawal, Sweden          |

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- 16:45**            **Discussion**  
Prof Narinder Rawal, Sweden and Dr Sheelaj Sharma, Basildon
- 17:00**            **Close**

### Day 2 – Tuesday 8 October 2019

- 09:00**            **Registration**
- 09:30**            **Welcome & housekeeping**  
Dr Sheelaj Sharma, Basildon
- 09:45**            **Scanning station 1**
- 10:30**            **Scanning station 2**
- 11:15**            **Tea & coffee**
- 11:45**            **Scanning station 3**
- 12:30**            **Scanning station 4**
- 13:15**            **Lunch**
- 14:15**            **Scanning station 5**
- 15:00**            **Scanning station 6**
- 15:45**            **Tea & coffee**
- 16:00**            **Scanning station 7**
- 16:45**            **Feedback & close**

#### Day 2 Faculty

Dr Randah Al Jamal  
Dr Maria Chazapis  
Dr Chee Chu  
Dr Akintunde Dada  
Dr Sumit Gulati  
Prof Narendra Rawal  
Dr Akshat Shah  
Dr Sheelaj Sharma  
Dr Chirag Talati  
Dr Simeon West

Day 2 is sponsored by:



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